

# THE FAIRLEAD

## NEWS FROM FRASER SQUADRON



APRIL 1987

Vol. 12

FROM THE BRIDGE

No. 10

Here it is April again and it is hard to believe that a year has passed and this is my last message "From The Bridge."

I have enjoyed the year and the opportunity to "steer the ship." Those on the Executive have been diligent and creative in fulfilling their duties and obligations making my job easier and more rewarding.

While other squadrons reported a significant drop in fall registrations, we had another banner year. The members of the Training Department ably directed by Linda Gisborne are to be commended for their efforts throughout the year. The heart of our organization is Training and we have been fortunate indeed to have such dedicated people in this department.

Some other highlights included winning the National MAREP Award for the most improved Squadron. With this activity and effort on the part of our current Marep Officer, Gerhard Meuter, we could well win again. Gerhard has shown us how, now it is up to us to perform.

Not all has been work. A real triumph this year was our very successful "Pirates Raid" on the Vancouver Squadron's Annual Kits Night... A brilliant idea by our treasurer, Larry Terrick. His idea was only outdone by his masterpiece "Proclamation." Vancouver Squadron was so impressed they had to retaliate and infiltrated our Annual Auction. We need more of this inter-club rivalry to breathe life into our organization.

It has been a wonderful year that will end at our Annual General Meeting April 24, 1987. For the first time, our Change of Watch will occur the same night as the A.G.M. so the mantle of office will change that night. I hope you will be able to attend and participate in this event.

I thank you for giving me the opportunity to serve as your Commander. Your support has made it a tremendous year.

Jack Hunter  
Commander

## TRAINING DEPT. REPORT

We are pleased to report that most members are weathering the stress and strain of exams. Most classes have now written but the only result received so far is Marine Maintenance where 5 wrote and all passed. Congratulations!

Regular Boating exams are going on almost weekly at this time, but will be done by mid-April. This keeps the Training Dept. busy marking, tallying and recording statistics. During marking we do get some observant student once in a while. The latest was one who commented on the Cruise section, referring to the chartlet:

"Note: I have taken Variation as  $23^{\circ}\text{E}$  as shown on the Compass Rose and not corrected from 1975 to 1987. The correction of  $2'\text{W/yr.}$  would make Variation now  $24'$  less =  $23^{\circ} - 24'$  or  $22^{\circ} 36'\text{E.}$ "

As marking is done by number and not name, whoever made this comment on his/her exam paper, please come forward and be identified so that we can recruit you for the Training Dept. - We Need You!

I believe that in past Fairleads we have made mention of Instructors and Proctors who volunteered their time to help but at this time I would like to take the opportunity to thank them all to show our appreciation for their hard work during the past year. They are many in number and will give you an insight into how many members do get involved and are required to help our Squadron carry out a successful Training Program:

Alan Black, Harry Bergenstein, Martin Bauer, Dave Bauer, Ken Bjorge, Reg Chase, Andy Conley, Audrey McLeod, Ted Dubberley, Marvin Fraser, Cliff Cunningham, Garnet Jamieson, Bill Low, Alan Meggy, Patti Meggy, To Hin Lau, Reg Johansson, Dave Gunn, Randy Lutman, Bill Hawryluk, John Moran, Tony Merry, Ruth Mason, Dave McDiarmid, Terry McBratney, Sandi Powis, Bryan Phillips, Charlene Phillips, Garry Russell, Carol Quartermain, Dave Reed, Vic Ramos, Chris Starkey, Brian Smith, Lindsay Smith, Rob Smith, Kate Smith, John Simpson, Carole Stewart, Fred Schoepper, George Schurman, Herb Schwizgebel, Don Strang, Dave Williams, Daphne Williams, Tom Walker, Virginia Walker, Ben Wong, Hank VanMontfoort, Terry Wolfe-Milner, Ernie Gaudet, Gary Lewichew. Others who assisted, although not members of Fraser: Mik Ball, Lynn Chase, Barry Hastings, John McKenzie and Bob Orcutt. Thank you, one and all!

We appear to be one of the busiest Squadrons in the District and it is only through your help and assistance that we are able to offer and conduct the various levels of safe boating courses that we do. It is most satisfying to know that we are trying to do our best to help fellow boaters be a little more knowledgeable and safety conscious. We rely on your continued support. Our 1986-87 Training season is almost over and we hope that after an enjoyable summer of boating and recreation we can count on you once again in the fall.

Linda Gisborne  
Training Officer



## RAW TRUTHS

Uncooked fish and shellfish are gaining popularity in our current trends of dining. Natural, healthful foods are quite often uncooked. Lightly cooked seafood can be found frequently on diet menus. Uncooked fish and shellfish can be a real health hazard.

Some individuals enjoy uncooked fish and shellfish, but people should be aware of some of the health risks they take.

Recreational and industrial uses of the water have created large doses of contamination in the water and its inhabitants. Those inhabitants, fish and shellfish, are polluted by fecal contamination which causes one mild and self-limiting virus that occurs 24-48 hrs. following ingestion of the contaminated shellfish. It lasts 12-60 hrs. in duration. Vomiting and diarrhea occur alone or with a low grade fever. These symptoms can be treated by alleviating the symptoms and insuring the individual has adequate fluid replacement. Knowledge that viruses, bacteria or parasites are killed by cooking, may be your answer to not having to deal with alleviating any symptoms.

Frying clams and oysters renders them safe. In one minute, a clam shell will open up when steamed. The internal temperature of the clam or shellfish must be 100°C to make it safe for eating. It takes 4 minutes of steaming to reach 100°C. and after this time-frame the clams are safe and tender. If you steam them longer, 7 to 8 minutes, all that does is make the clams tough.

If you utilize your knowledge and realize that shellfish should be harvested from approved areas only, and proper care taken following their harvesting, chances of contamination and illness affecting your health are decreased. Problems arise if you allow shellfish or fish to sit in the sun or warm air instead of refrigerating or freezing them after harvesting.

Freezing of fish protects you against another hazard called Scomboid Poisoning, a disease associated with fish from temperate or tropical waters. Bacterial decomposition of fish flesh is very prevalent in fish such as tuna, bonita, swordfish and mackerel. The flesh shows no signs of decomposition but it has a sharp or peppery taste. Symptoms of Scomboid Poisoning include: nausea, abdominal cramping, vomiting, diarrhea, flushing headache, burning sensations, bronchospasms and respiratory distress. The toxins are heat stable and the prevention of their formation is by prompt and sustained freezing.

Ciguatera Poisoning is caused by a toxin found in large predatory fish such as barracuda, grouper, red snapper, amberjack, surgeonfish and sea bass. The larger the fish, the more likely it is to carry the toxin. The patient gradually recovers from the paresthesia (numbness) caused by the toxin.

Paralytic seafood poisoning (red tide) is a potential life-threatening condition. The onset of symptoms is 30 minutes after ingestion and death may occur within 12 hours. The symptoms include: paresthesia of mouth, lips, face and extremities; muscle weakness; respiratory distress and paralysis; nausea; vomiting; abdominal cramping and diarrhea. Seek medical advice and treatment immediately. Prompt treatment will usually resolve symptoms within a few hours to a few days.

(continued)



## RAW TRUTHS (cont'd)

Follow the previous guidelines for eating fish and shellfish and observe shellfish closure notices. When toxic levels in shellfish get above 80 ug/100 gm. signs are posted and harvesting prohibited.

Health hazards are everywhere - including your boat where perhaps ideal situations for storage and cooking of shellfish are minimal. Your responsibility is to be knowledgeable about raw fish and shellfish hazards. This knowledge protects you and your family, because raw fish or shellfish can be a real health hazard.

Cheryl Gaudet



## SPRING FITTING-OUT

by G. Jamieson

For boats stored in the water do your spring tune up now. Ensure that the batteries are fully charged. All belts and hoses should be checked and replaced if they are hard or cracked. Connect all the hoses and put back all drain plugs. The engine can now be started and checked for leaks in the exhaust system, the fuel system and the lubricating oil system.

For boats stored dry, the procedure is the same except that it will be necessary to install fresh fuel and a fully charged battery. The propeller shaft in a wooden hull should be checked for alignment a day or two after launching. Be sure to check the hydraulic connections of an in-out drive and refill the leg with new oil.

Before launching, paint the bottom, close all seacocks, and install all drain plugs. Clean the boat and be ready for some good boating.

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## SMART SEAMANSHIP

The Navigator and his wife were cruising in an area of heavy ferry traffic. Mrs. Navigator was at the wheel while her husband took bearings on the approaching ferries, telling her whether they would cross ahead or astern. After a while they sighted the largest ferry of all - a superferry. "I'll take bearings," said Navigator.

"Never mind."

"Why?"

"It's going to cross our bow," said the helmswoman.

"How can you tell? we haven't taken bearings."

"I'm going to let it. That's why!"

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## MARCH SOCIAL

Fraser's March social started off with a slide show and short talk on MAREP reports by Gerhard Meuter. Gerhard showed slides of a trip which he and Cliff Cunningham took up the north arm of the Fraser and he discussed the procedure of reporting MAREPS.

Then we were treated (?) to a hilarious presentation by "S. S. Burrard Tacky Tours", a group which invited us to the Pacific Mainland change of watch May 29-30 at the Richmond Inn.

The main event of the evening was a fascinating talk by Dr. Paul LeBlond of the Department of Oceanography, U.B.C. on "Sea Monsters." He showed slides of drawings and photographs of the history of sea serpents and other imaginary or otherwise monsters. From giant squid and octopus we progressed to the Loch Ness monster, "Caddy" of Victoria, and "Champ" of Lake Champlain. It was an informative and amusing talk and left us with the feeling that maybe there is something out there. Keep your eyes open when you're on the water and report any strange sightings to Dr. LeBlond!

Freda Moran

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## FRASER'S ANNUAL GENERAL MEETING

We need 15% of the membership in attendance to form the quorum necessary to make the meeting legal. These must be members of Fraser Squadron. The guest speaker, Robert Allan, will use as his topic, "The Changing Face of Ship Design, a Professional's Viewpoint of the Merging of Art, Science and Computer Graphics."

The Date: April 24, 1987

The Place: The Delta Town & Country Inn, 6005 #17 Hwy., Delta.

The Time: The bar opens at 1930 and the meeting starts at 2000.

The Cost: The admission fee of \$2.50 per person covers the cost of sandwiches and tea or coffee served at the end of the program.

Who May Come: All members of any CPS Squadron, their family and friends as well as Boating Class students and their families are welcome.

Dress: Very casual dress is just fine.

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## YACHTSMAN OF THE YEAR AWARD

Our Commander, Jack Hunter, received Royal City Yacht Club's award of Yachtsman of the Year for the assistance he rendered to the crew of a boat that suffered hull damage in Smugglers' Cove last summer.

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FOR SALE - "Meriloma" 35' Colvin Design steel Ketch. 36 H.P. Volvo diesel, Roller furling, hydraulic anchor winch, permanent windshield, convertible top, CB, VHF, lifejackets, dinghy, stereo, pressure water, spare parts etc., too much to list. Price \$39,500 (879-1646)

# ! F R E E !

FROM THE

## COAST GUARD AUXILIARY

FREE VESSEL EXAMINATIONS MAKE FOR SAFER BOATING

Courtesy Small Vessel Examinations are performed by the Canadian Coast Guard and the Coast Guard Auxiliary. The free and voluntary vessel examinations point out any weaknesses in your boat's safety equipment and operating gear, from flares to fuel filters.

As well as checking gear and testing your boat for safety, the examiners give out tips on such things as improving fuel systems and other valuable consumer information. Most boaters feel the advice alone is worth the 20 minutes or so it takes to have the vessel examined.

Among other things, the examiner will want to check for flotation devices, flares, flashlights and sound signalling devices, and then he will move on to make sure that the fuel systems comply with safety regulations, that ventilation on board is adequate, and that navigation lights, if required, are properly mounted and operational.

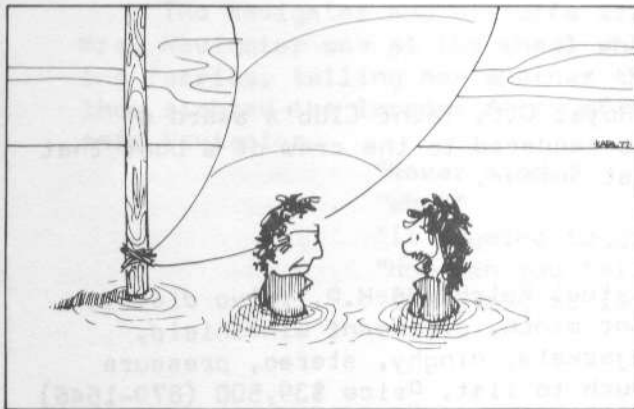
Each boater whose vessel passes the examination is given a decal showing the boat was properly equipped at the time of testing. But don't be surprised if your vessel fails. Even among boaters who are well-prepared for the examination and who expect to pass, the failure rate is high....proof that there are a lot of boaters out there who could use a little added protection. Don't worry, there is no penalty for failure....except the possibility of becoming a statistic.

BOAT OWNERS WHO WOULD LIKE MORE INFORMATION ABOUT THIS FREE COURTESY EXAMINATION SHOULD CONTACT:

NORM DYCK 274-4887

ROSS MURPHY 274-2929

GEORGE SCHURMAN 271-7439



Do you think now is a good time to break out the water pump?





## COMING EVENTS

April 17-19, 1987 Fraser's Cruise to Pitt Lake.

April 24, 1987 Fraser's Annual General Meeting and Change of Watch. The guest speaker will be Naval Architect Robert Allan.

April 25, 1987 IPBA Cruiser Navigation Contest sponsored by the Airport Yacht Club. Contact G of G Power Boat Navigators Assoc. of B.C. Secretary Faith Shaw (270-1808) for details.

April 24-26, 1987 CPS National Governing Board Meeting at Nanaimo - contact Jack Hunter (274-2153) for details.

May 16-18, 1987 Fraser's second cruise of the season to Telegraph Harbour on Thetis Island. Details are given elsewhere in this issue.

May 22, 1987 Fraser's Graduation Dinner and Dance at the Delta Town & Country Inn. The price remains at \$17.50 per person. Tickets are available from members of the Bridge. Brian Smith (277-7981) can provide information and tickets.

May 23, 1987 IPBA Cruiser Navigation Contest sponsored by the Vancouver Rowing Club. Contact Faith Shaw (270-1808) for details.

May 29-30, 1987 Pacific Mainland District's A.G.M. at the Richmond Inn. The meetings and seminars are free but lunch and the dance must be paid for. Call Jack Hunter (274-2153) or Cliff Cunningham (274-3073) for details.

July 1-5, 1987 Fraser's cruise around Saltspring Island. Details will be given in later issues of Fairlead.

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## THE MAY 26-18, 1987 CRUISE

Friday May 15, 1987 - Rendezvous at the Secretary Islands.

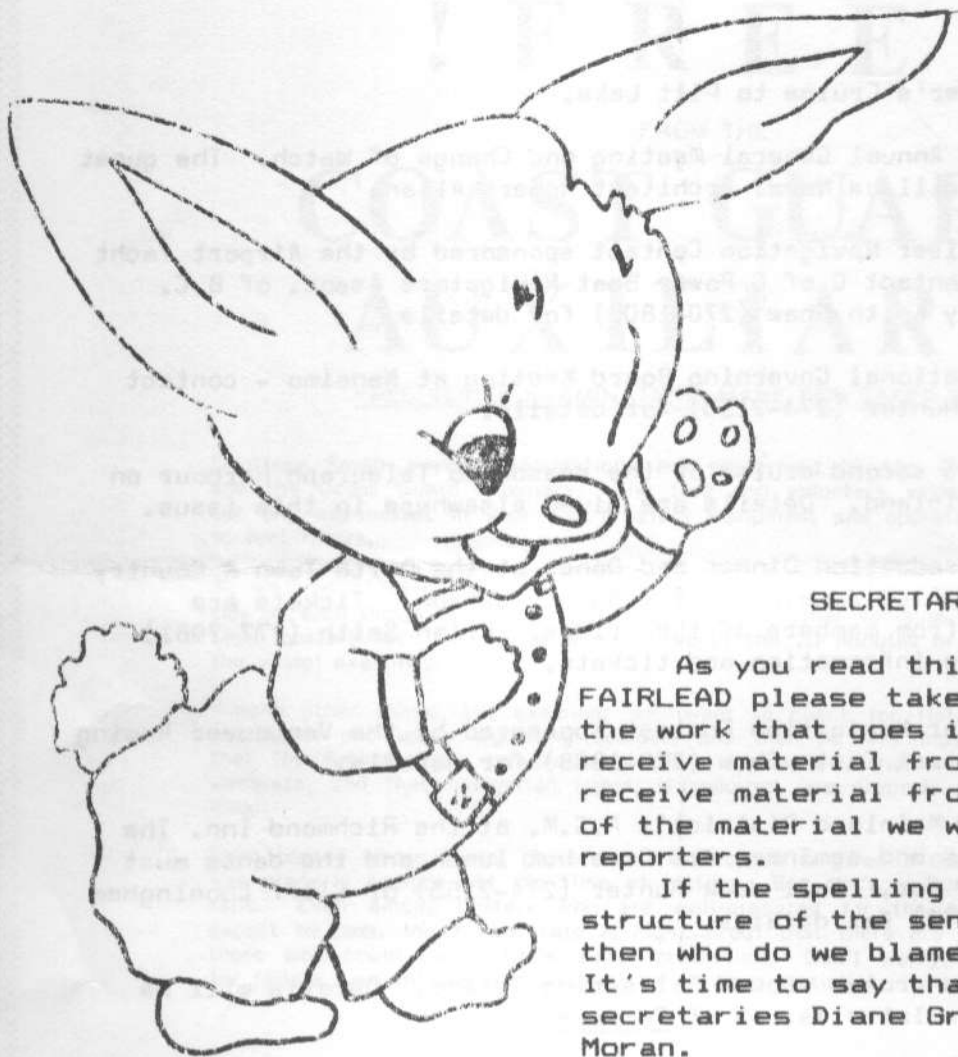
Saturday May 16 - Travel to Telegraph Harbour on Thetis Island and moor at the marina at the inner end of the harbour.

Sunday May 17 - hike about 1/2 mile to the ferry terminal for a trip to Chemainus to examine the now famous murals in the business district. Return in the afternoon.

Monday May 18 - Travel home.

There will be organized activities for adults and children on Saturday and Sunday. Because of limited mooring space at the marina, please call well ahead of time to Cruisemaster, Brian Payne (946-9692) or assistant cruisemasters George Schurman (271-7439) and Dave Williams (274-1085)





### SECRETARIES' DAY

As you read this issue of the FAIRLEAD please take the time to remember the work that goes into every issue. We receive material from some of you, we receive material from the bridge and some of the material we write ourselves as reporters.

If the spelling is not right or structure of the sentence is incorrect, then who do we blame?

It's time to say thank you to our secretaries Diane Grabher and Freda Moran.

For April 22, 1987 here is your just reward.....THANK YOU.....THANK YOU.

